

MARYPER - EGG PRODUCTS

TECHNICAL DATA SHEET OVOGYM - EGG WHITES OMELETTE (MIX PAK)



Health registration: 14.01079/MU

Description:

The egg whites are considered the protein with greater biological value for its excellent amino acid profile, becoming an essential food in sport diet or for a person want to lose weight.

Proteins, in a balanced diet, are ideal to lose weight and define muscles in short time.

Egg whites omelette, provide good digestion and a high performance to repair muscle mass.

Generally, the branching of egg whites protein is excessively long to be assimilated completely by the organism.

For that, they are subject to a thermal process to break the more long chains, and provide to the organism the full assimilation of proteins.

Nutritional value per omelette (115 grams)

- .- **Energy value:** 48 Kcal
- .- **Proteins:** 12 grams
- .- **Carbohydrates:** 0,0 grams
- .- **Lipids:** 0,0 grams

Composition: Egg whites (desiccated)

Instructions for use:

You must press to mix both sides of the package.
Shake well to fully mix
Open the package
Put it in a large skillet and cook normally

Storage: Keep at room temperature in a cool and dry place.

Once mixed the content, consume within 96 hours.

Expiry: 18 months

Gross weight / Net weight: 451 grams / 345 grams.

Awards: Silver Medal 2.015 "Dupont Awards for Packaging Innovation" U.S.A.

Logistic: Case with three Mix Pak / 1 Box = 24 Cases / 60 Boxes per pallet

