

## MARYPER - EGG PRODUCTS

### TECHNICAL DATA SHEET OVOGYM - OAT PANCAKES (MIX PAK)



**Health registration:** 14.01079/MU

#### **Description:**

Oat is one of the most complete cereals by its energy and nutritional qualities.

This product is rich in proteins, carbohydrates, fiber, vitamins, minerals and trace elements.

Egg whites, with its excellent amino acid profile, are one of the most perfect proteins sources.

The oat pancakes is the perfect combination between the most nutritive cereal and the protein source with higher biologic value. It has 50% of carbohydrates and 50% protein.

They are a source of energy and vitality; the oatmeal contains carbohydrates of slow absorption and easy assimilation to provide energy for a long time, avoiding the feeling of fatigue and tiredness.

The proteins from the egg whites, enriched in tryptophan and vitamins, allow more assimilation and more muscle growth.

#### **Nutritional value per pancake (121 grams)**

- .- **Energy value:** 116,79 Kcal
- .- **Proteins:** 12,25 grams
- .- **Carbohydrates:** 12,99 grams
- .- **Lipids:** 1,38 grams

**Composition:** Oat, egg whites (desiccated) and sweetener sucralose. This product is for consume after cook.

#### **Instructions for use:**

You must press to mix both sides of the package.  
Shake well to fully mix  
Open the package  
Put it in a large skillet. Wait for it to cook on one side and flip it. Not to consume too hot.

**Storage:** Keep at room temperature in a cool and dry place. Once mixed the content, consume within 96 hours

**Expiry:** 18 months

**Gross weight / Net weight:** 469 grams / 363 grams

**Awards:** Silver Medal 2.015 "Dupont Awards for Packaging Innovation" U.S.A.

**Logistic:** Case with three Mix Pak / 1 Box = 24 Cases / 60 Boxes per pallet



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